

**From:** [Kevin Bathurst](#)  
**Cc:** [Chris Collard](#)  
**Subject:** GVMHA U11 Rec Assessments  
**Date:** September 14, 2023 4:10:20 PM  
**Attachments:** [image001.png](#)

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Dear U11 Families,

Thank you for registering for the 2023-24 hockey Season.

The U11 Assessment Schedule is as follows

Date	Time	Location	Event	Skill Group (by last name)
Tuesday September 26	3:45pm-5:00pm	KTPN	Skill Testing	A-L
Thursday September 28	5:00pm-6:15pm	PV	Skill Testing	M-Z
Tuesday October 3	3:45pm-5:00pm	KTPN	Scrimmage	A-FL vs Fo-L
Thursday October 5	5:00pm-6:15pm	PV	Scrimmage	M-Si vs Sk-Z

*\*Note: Goaltenders will receive their own email with Goalie Skills assessment and scrimmage assignments! Email to follow in the next 24 hours*

The assessment process will include the following:

1. Forward skating without and with a puck
2. Backward skating without a puck
3. Agility without and with a puck
4. Transition Skating with and without a puck
5. Shooting accuracy.

GVMHA uses Hockey Canada's National Skills and Standards Tests as our test protocols. Test protocols can be found here:

[https://cdn.hockeycanada.ca/hockey-canada/Hockey-Programs/Players/Skills-Testing/Downloads/nsst\\_handbook\\_e.pdf](https://cdn.hockeycanada.ca/hockey-canada/Hockey-Programs/Players/Skills-Testing/Downloads/nsst_handbook_e.pdf)

Following the assessment process, integrated players will be divided into 4 balanced teams. Balancing games will take place October 6-7-8.

The U11 Rec division will include a 5<sup>th</sup> team – U11 Rec Female. The season schedule for the U11 Recreation group is as follows:

Day	Time	Location	Notes
Tuesday	3:45pm-5:00pm	KTPN	Half Ice
Thursday	5:00pm-6:15pm	PV	Half Ice
Wednesday	6:00am-7:30am	KTPN	Full Ice

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The 5 team Rec division will work on a rotation through the three ice slots to ensure equal opportunity for full ice practices.

Your division manager for the U11 Division is Justine McPherson

**We are still in need of two head coaches for the U11 division.** If you are interested in a U11 Head coach role, please let me know. If we do not have coaches for our teams, we are unable to run teams!

We also require a number volunteers at U11:

- Assistant Coach
- Team Manager
- Treasurer
- Safety Person

**Finally, we will require a significant amount of help on the ice for the above assessment ice times. If you are able to help, please let us know.**

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