

From: [Kevin Bathurst](#)
Cc: [Chris Collard](#)
Subject: GVMHA U15 Recreation
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Attachments: [image001.png](#)

Dear U15 Families,

Thank you for registering for the 2023-24 hockey Season.

The U15 Assessment Schedule is as follows

Date	Time	Location	Event	Skill Group (by last name)
Monday Sept 25	7:45-8:45pm	KTPN	Skill testing	A-L
Monday Sept 25	9:00-10:00pm	KTPN	Skill Testing	M-Z
Monday Oct 2	7:45pm-8:45pm	KTPN	Scrimmage	A-I vs K-Sh
Wednesday Oct 4	8 :45-9 :45pm	KTPN	Scrimmage	K-sh vs Si-Z
Thursday Oct 5	6 :30-7 :30pm	PV	Scrimmage	A-I vs Si-Z

**Note: Goaltenders will receive their own email with Goalie Skills assessment and scrimmage assignments! Email to follow in the next 24 hours*

The assessment process will include the following:

1. Forward skating without and with a puck
2. Backward skating without and with a puck
3. Agility without and with a puck
4. Transition Skating with and without a puck
5. Shooting accuracy.

GVMHA uses Hockey Canada's National Skills and Standards Tests as our test protocols. Test protocols can be found here:

https://cdn.hockeycanada.ca/hockey-canada/Hockey-Programs/Players/Skills-Testing/Downloads/nsst_handbook_e.pdf

Following the assessment process, integrated players will be divided into 3 balanced teams. Balancing games will take place October 6-7-8.

The U15 Rec division will include a 4th team – U15 Rec Female. The season schedule for the U15 Recreation group is as follows:

Day	Time	Location	Notes
Mondays	7:45-9:00pm	KTPN	Half ice
Wednesdays	8:45-10:00pm	KTPN	Half Ice

We also require a number volunteers at U15:

- Assistant Coach
- Team Manager
 - Treasurer
 - Safety Person

Finally, we will require a significant amount of help on the ice for the above assessment ice times. If you are able to help, please let us know.

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